

# Kids First 3/4 year old Goals and Objectives

## Math

- ◆ Recognize and identify most colors
- ◆ Recognize and identify most basic shapes
- ◆ Copy a line and a circle
- ◆ Match shapes
- ◆ Can name the penny, nickel and dime
- ◆ Rote count to 15
- ◆ Begin to correctly identify some numbers
- ◆ Recognize simple number patterns
- ◆ Understand comparisons such as more, less, same
- ◆ Work with spatial relationships such as in, out; big, small; up, down; first, last.
- ◆ Recognize and create simple patterns
- ◆ Count using one to one correspondence to at least 5
- ◆ Practice matching, sorting, classifying, same/different

## Language Arts

- ◆ Recognize own first and last name
- ◆ Sing the alphabet song
- ◆ Begin to identify letters in the alphabet
- ◆ Can hear and repeat the phonic sounds of letters
- ◆ Attempt to reproduce all letters in capital form
- ◆ Write first name using capital and lower case letters
- ◆ Learn to listen to and follow directions
- ◆ Can tell pretend stories
- ◆ Develop an interest in books and reading
- ◆ Listens to and responds to books and stories read
- ◆ Completes opposite analogy (dad is a boy, mom is a girl)
- ◆ Speak in sentences
- ◆ Join class in reciting the monthly bible verse
- ◆ Become familiar with simple Spanish words
- ◆ Become familiar with Sign Language
- ◆ Recite the current day of the week, month and season
- ◆ Recite simple fingerplays and songs from memory
- ◆ Identify and say rhyming sounds and words

## Science

- ◆ Explore items from nature
- ◆ Learn what plants need to grow
- ◆ Identify main parts of the human body

- ◆ Identify basic emotions
- ◆ Learn about seasons of the year
- ◆ Observe and talk about weather
- ◆ Learn about the five senses
- ◆ Encourage beginning Science skills such as:
  - predicting and observing outcomes (sink/float)
  - classifying
  - collecting
  - measuring
  - ordering
  - problem-solving
- ◆ Learn about the life cycle (butterfly)

### **Large Motor Skills**

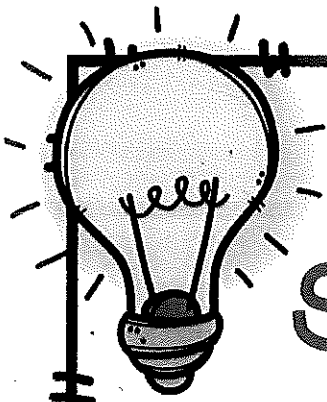
- ◆ Participate in Stretch 'n Grow classes
- ◆ Throw and catch a large ball
- ◆ Balance on one foot for 5 seconds
- ◆ Run, hop, jump, march, gallop, tip toe, skip
- ◆ Walk up and down stairs
- ◆ Ride a tricycle
- ◆ Beginning to start and pump on a swing
- ◆ Participate in organized and creative play
- ◆ Move to musical CD activities

### **Fine Motor Skills**

- ◆ Participate in art activities
- ◆ Prefer use of one hand (right/left handed)
- ◆ Hold a pencil or crayon correctly
- ◆ Begins to stay in lines when coloring
- ◆ Print first name the school way (first letter capital followed by lower case letters)
- ◆ Build a structure with blocks or Legos
- ◆ Solves simple puzzles
- ◆ Manipulate playdough into shapes
- ◆ Paint at an easel
- ◆ Sort objects
- ◆ String beads of assorted sizes
- ◆ Cut on a straight line using scissors correctly
- ◆ Use glue sticks
- ◆ Draw a recognizable picture
- ◆ Draw a person with at least two parts

### **Personal and Social Skills**

- ◆ Separate easily from parents
- ◆ Join in play with other children
- ◆ Know the teachers names and classmate names
- ◆ Understand taking turns
- ◆ Share with others
- ◆ Participate in small and large groups
- ◆ Clean up after self and return things to their proper place
- ◆ Take good care of equipment and materials
- ◆ Practice good manners
- ◆ Begin to use self-control, express emotions appropriately, and talk through conflicts
- ◆ Make safe and acceptable choices
- ◆ Use restroom independently
- ◆ Blow nose without help and dispose of dirty tissue in trash
- ◆ Put on and take off coat/jacket independently
- ◆ Know full name
- ◆ Know parents names
- ◆ Introduce own address and phone number
- ◆ Pray before eating snack and lunch
- ◆ Stay with one activity for at least 10 minutes
- ◆ Use imagination in play and activities
- ◆ Take own place and keep place in a line of children
- ◆ Accept responsibilities as leader when turn comes up
- ◆ Show pride in accomplishments
- ◆ Express positive outlook when facing new task or challenges



# Why Are Scissor Skills SO Important?

## Build Fine Motor Strength

- Cutting allows a child to build up the little muscles in their hands with the open and close motion. These muscles are so important for writing, painting, and doing everyday things like brushing your teeth, eating with utensils, and getting dressed.

## Develop Eye-Hand Coordination

- Cutting requires kids to use their eyes and hands in unison to accomplish the cutting task. Eye-hand coordination is important for catching/throwing balls, eating with a spoon, and zipping a coat.

## Increase Bilateral Coordination

- Cutting encourages your child to use both sides of the body at the same time while each hand is performing its own task. When cutting a shape, a child must hold the paper with one hand while the other hand is opening and closing the scissors and moving forward to cut. This is essential for tasks like zipping up a coat or pants, washing dishes, and opening an envelope.

## Improve Focus and Attention

- Cutting out shapes takes concentration and attention to detail. Both skills are necessary for success not only in the classroom but in everyday life. The ability to sustain focus is essential to being able to read books, listen to instruction and complete many other classroom tasks.

